





Did you have an Epidural? \_\_\_\_\_ Was it a difficult birth? \_\_\_\_\_  
What was the baby's APGAR Score? \_\_\_\_\_ at 5 minutes? \_\_\_\_\_

**3. Tell us more:**

Did you breastfeed? \_\_\_\_\_ How long? \_\_\_\_\_ What formula after? \_\_\_\_\_

Did you consume alcohol during your pregnancy? \_\_\_\_\_ How much? \_\_\_\_\_

Did you smoke? \_\_\_\_\_ How much? \_\_\_\_\_ How long? \_\_\_\_\_

Did you take any medication during your pregnancy? \_\_\_\_\_

For what? \_\_\_\_\_ What type? \_\_\_\_\_

Any exposure to ultrasound? \_\_\_\_\_ How many? \_\_\_\_\_

**4. As a baby/toddler (birth to 4 years) did any of the following occur?**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Fall from a change table | <input type="checkbox"/> Tumble down stairs            | <input type="checkbox"/> Play in a Jolly Jumper      |
| <input type="checkbox"/> Involved in car accident | <input type="checkbox"/> Fall off playground equipment | <input type="checkbox"/> Fall out of crib            |
| <input type="checkbox"/> Frequent Ear Infections  | <input type="checkbox"/> Tonsillitis                   | <input type="checkbox"/> Reaction to vaccination     |
| <input type="checkbox"/> Frequent Crying Spells   | <input type="checkbox"/> Frequent Fevers               | <input type="checkbox"/> Frequent bouts of diarrhoea |
| <input type="checkbox"/> Constipation             | <input type="checkbox"/> Colic                         | <input type="checkbox"/> Frequent colds/illness      |
| <input type="checkbox"/> Trouble gaining weight   | <input type="checkbox"/> Sleeping Problems             | <input type="checkbox"/> Other: _____                |

**Please explain the above:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**5. As a young child (5 - 12 years) did any of the following occur?**

- |   |   |  |                                    |
|---|---|--|------------------------------------|
| <input type="checkbox"/> Fall from a tree       | <input type="checkbox"/> Fall off a bicycle   | <input type="checkbox"/> Fall off playground equipment |                                    |
| <input type="checkbox"/> Sports accident/injury | <input type="checkbox"/> Car accident         | <input type="checkbox"/> Stomach Pains                 | <input type="checkbox"/> Scoliosis |
| <input type="checkbox"/> Bed Wetting            | <input type="checkbox"/> Hyperactivity/Autism | <input type="checkbox"/> Learning Difficulties         | <input type="checkbox"/> Asthma    |
| <input type="checkbox"/> Allergies              | <input type="checkbox"/> Leg/Knee Pains       | <input type="checkbox"/> Other                         | _____                              |

**Please explain the above:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**6. Tell us about any vaccinations your child has had:** \_\_\_\_\_

Any reaction to any of the above listed that you know of? \_\_\_\_\_

Were you told that you had a choice in vaccinating your child?  Y  N

Would you like information on the other side of this issue?  Y  N

Did you know your child DOES NOT need to be vaccinated to attend school? \_\_\_ Y \_\_\_ N

(\*Please let us know if you would like a vaccination exemption form)

**7. As a child or adolescent, has your child experienced any of the following:**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Headaches            | <input type="checkbox"/> Dizziness             | <input type="checkbox"/> Ringing in Ears   |
| <input type="checkbox"/> Asthma               | <input type="checkbox"/> Hyperactivity         | <input type="checkbox"/> Fatigue           |
| <input type="checkbox"/> Arm/Hand Numbness    | <input type="checkbox"/> Arm/Wrist Pain        | <input type="checkbox"/> Sleeping Problems |
| <input type="checkbox"/> Allergies            | <input type="checkbox"/> Stomach Problems      | <input type="checkbox"/> Weight Gain/Loss  |
| <input type="checkbox"/> Foot/Ankle/Knee Pain | <input type="checkbox"/> Tingling in Arms/Legs | <input type="checkbox"/> Neck/Back Pains   |
| <input type="checkbox"/> Shoulder Pain        | <input type="checkbox"/> Growing Pains         | <input type="checkbox"/> Other _____       |

**Please explain the above:**

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**8. Which of the problems that you have checked off is the worst/greatest concern?**

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Is this problem: Constant \_\_\_ Intermittent \_\_\_ Occasional \_\_\_ Cyclic \_\_\_

**9. How long has it persisted?**

**10. When it is at its worst, how does it make your child feel?** \_\_\_\_\_

**11. What have you done about it that has NOT worked?** \_\_\_\_\_

**12. What makes it worse?** \_\_\_\_\_

**13. What effect does this problem have on your child's body functions?** \_\_\_\_\_

On his/her participation in daily activities? \_\_\_\_\_

**14. Describe any hospital stays?** \_\_\_\_\_

**15. Approximately how many times have antibiotics been prescribed and for what conditions?**

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**16. List any medications your child is currently taking:** \_\_\_\_\_

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**17. To summarize, what is your purpose/goal for this appointment?** \_\_\_\_\_

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**18. Is there any other information you would like us to be aware of?**

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**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_