

Your Wellness History – Health Profile

Date: _____
 Name: _____ DOB: _____ Age: ____/ Male Female
 Address: _____ City: _____ State: ____ Zip: _____
 Home # () _____ Work: () _____ Cell: () _____
 Best time to contact: _____
 Email address: _____ Status: Single Married Divorced Widowed
 # of Children: _____ Names/Age: _____
 Occupation: _____ Employer Name/Address: _____

Rate your health and wellness.

Place an 'X' that denotes where you believe is your current level of wellness.
 Place an 'O' indicating where you would like your wellness to be.



YOUR HEALTH PROFILE

➤ What brings you into our office today?

Please briefly describe, including the impact it has had on your life. If you're only here for chiropractic wellness services please skip this part and go to "General History" on the next page.

Rate Severity (scale 1-10, 1being mild) When and how did this start? Are symptoms constant or intermittent?

➤ Since the problem started it is; ___the same ___getting better ___ getting worse

What makes the problem worse? _____

➤ What, if anything, makes the problem feel better? _____

➤ Does this interfere with your; ___Leisure ___Work ___Sleep ___Sports ___Other

➤ Have you seen other doctors for this condition? ___Chiropractor ___MD ___Other

Name/Address: _____ Date: _____
 What was the diagnosis: _____

GENERAL HISTORY

➤ Please list all medications you are taking, and why; (Prescription and non-prescription)

➤ Have you had any surgeries and/or hospitalizations? ___Yes ___No

If yes, briefly explain: _____

➤ Have you ever had any work related injuries? ___Yes ___No

If yes, briefly explain: _____

➤ Have you ever had any slips, falls or auto accidents? ___Yes ___No

If yes, briefly explain: _____

Please check all symptoms you have ever had, even if they do not seem related to your current problem.

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Buzzing in ears | <input type="checkbox"/> Irritability | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Pins & needles in arms | <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Cold hands | <input type="checkbox"/> Cold sweats |
| <input type="checkbox"/> Pins & needles in legs | <input type="checkbox"/> Numbness in toes | <input type="checkbox"/> Cold feet | <input type="checkbox"/> Mood Swings |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Depression | <input type="checkbox"/> Fever | <input type="checkbox"/> Loss of smell |
| <input type="checkbox"/> Numbness in fingers | <input type="checkbox"/> Constipation | <input type="checkbox"/> Urinary problem | <input type="checkbox"/> Loss of taste |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Menstrual pain | <input type="checkbox"/> Fainting | <input type="checkbox"/> Back pain |
| <input type="checkbox"/> Sleeping problems | <input type="checkbox"/> Menstrual irregularity | <input type="checkbox"/> Eyes bothered by light | <input type="checkbox"/> Neck Pain |
| <input type="checkbox"/> Tension | <input type="checkbox"/> Hot flashes | <input type="checkbox"/> Stomach upset | <input type="checkbox"/> Stiff neck |
| <input type="checkbox"/> Ulcers | | | |

YOUR GOALS

➤ On a scale of 1 to 10 (1 = none, 10 = extreme), describe your emotional/psychological/lifestyle stress levels:

Scale = ____ Occupational stress: _____

Scale = ____ Personal stress: _____

➤ On a scale of 1 to 10 (1 = poor, 10 = excellent), describe your habits and condition as it relates to:

Eating ____ Exercise ____ Sleep ____ General Health ____ Wellness lifestyle ____

At our office we're concerned about your health and wellness goals. Please take a moment to list your goals

Wellness Goals		
Be Fit. <i>(Physical)</i>	Eat Right. <i>(Nutritional)</i>	Think Well. <i>(Psychological)</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please check all that are relevant.

<u>Do you:</u>	<u>Would you like to know more about:</u>
<input type="checkbox"/> Water - Drink ½ your body weight in ounces	<input type="checkbox"/> Proper Nutrition and meal planning
<input type="checkbox"/> Exercise regularly	<input type="checkbox"/> Proper exercise routines and techniques
<input type="checkbox"/> Take vitamins or supplements	<input type="checkbox"/> How to deal with LifeStyle stress

Thank you for filling out this form.
It is your first step to Creating Wellness!

I consent to a professional and complete chiropractic examination, and to any radiographic examination that the doctor deems necessary. I understand that all fee's for services rendered are due at the time of service and cannot be deferred to a later date.

Signature: _____ Date: _____

Please return this form to our staff and someone will be right with you.



Please note that bills for services will be submitted to your Insurance; Worker's Comp; and/or attorney if you advise our office to do so. Self-Pay patients (NO Insurance) must pay at the time of service, unless arrangements have been made. Attorney /Personal Injury cases please be aware that once your attorney has signed an Attorney's Lien form, indicating that our bill will be protected, then we will honor this agreement and allow for payment to be made upon settlement of your claim. However, should you decide to terminate your treatments, before you have been released by your treating doctor, then your entire bill will become due and payable within 10 days following the date of your last, claims adjuster visit.

Because of the courtesy to you and other patients, if you miss your scheduled appointment and fail to reschedule that appointment later on that Same Day, there will be an "office visit" fee charged to your insurance carrier, which may result as your total responsibility.

I (we) understand that the health and accident insurance policies are arrangements between an insurance carrier and myself and that I am personally responsible for payment of any and all services, covered or non-covered. If the doctor is a contracted provider for my managed care plan, I understand I am responsible for all co-payments and non-covered services. I also understand and agree to pay all co pays and fees for non-covered services prior to seeing the doctor. I understand that if I terminate my care and treatment, any fees for professional services rendered to me will be immediately due and payable.

I (we) authorize the doctor and his staff to release any information deemed appropriate concerning my physical condition to any insurance comp, case nurse, claims reviewer, employer, health care provider or attorney in order to process any claims for reimbursement or charges incurred by me as a result of professional services rendered and hereby release him/her of an consequences thereof.

I (we) hereby authorize and direct payment of any medical/chiropractic expense benefits allowable to the doctor as payment toward the total charges for professional services rendered .This payment will not exceed my indebtedness to the assignee.

I (we) have read and understand the preceding disclaimers and agree to abide by them. My signature authorizes release of medical information to my insurance and/or attorney as requested.

Name _____ Date _____

Signature _____ Date _____